


TRIBUNE'S Lifestyle AND ENTERTAINMENT



5 QUESTIONS WITH
LENEIVA HEAD
REAL ESTATE & DESIGN EXPERT

BY JANICE MALONE
ENTERTAINMENT EDITOR

Leneiva Head is one of Nashville's top real estate broker/expert and designer. Ms. Head is the founder of WELCOME HOME REALTY, one of Music City's leading top performing real estate management companies. Leneiva entered the world of real estate in 2000, after enduring her own nightmare of a bad first home buying experience. The lessons she learned proved to be priceless, as she was inspired to create her own real estate solutions to help first-time homeowners realize the home of their dreams.

Leneiva's specialties include Residential & Commercial Leasing and Sales, HUD/VA/REO Properties, short sales, standard sales and creative financing. Leneiva Head's experience and knowledge being awarded spots as a First Time Home Buyer Class Educator for the New Level Community Development Corporation, and as a certified Achieve Global Leadership Educator. One of Leneiva's biggest priorities is staying on top of cutting-edge information. Over the years, she has taken an excess of 350 credit hours to complete numerous designations and is GREEN certified by The National Association of Realtors, as she received advanced training in green building and sustainable business practices which enable her to seek out, understand, and market properties with green features. Adding to her expertise Leneiva has received her Accredited Buyer's Representation designation, which is the benchmark of excellence in buyer representation. Only a few agents in Nashville have their ABR designation, giving clients added protection of experience and knowledge when purchasing a home. Additionally, she is a graduate of the REALTOR Institute. She always pro-

vides clients with education and guidance throughout every home buying and selling process.

Here, Leneiva answers 5 Questions about trends and homes specifically for the Nashville area.

TRIBUNE: Does Nashville have any particular trends in styles of homes? LENEIVA H: The trend right now is 2 to 3 story narrow homes with open floor plans, hardwoods or concrete flooring, granite, and tons of luxury lighting; however, the traditional contemporary style home still reigns supreme...with similar interior amenities of course.

TRIBUNE: We hear a lot about how to add value to a kitchen, but what are some things that can be done to make your bathroom more valuable? LENEIVA H: Start with a design concept. Create a decorative theme. Think about items or images that help you relax. Is it the beach, Paris or New York? Add pictures and accent pieces to the space. Update the colors to give energy without making the room feel small. Gray is the new white! Add life to your lighting. Try overhead pendant lights at the vanity, then add dimmers to create ambiance. Update the Fixtures. How about a square vanity sink vs. round? Better yet, make it a work of art and install an above-counter basin. Install a Rain Shower. Be sure it comes with a handheld head as well. Give your cabinets a facelift. This can be as simple as restaining or painting the existing cabinetry and updating the knobs/drawer pulls. You can update the flooring with luxury vinyl tile. It allows you to create the illusion of hardwood floors while enjoying the freedom of choosing assorted colors and textures. Add Seating and Sound. A chaise or

side chair with a nice throw will transform the space. Because Bluetooth technology abounds, and music changes the atmosphere of any space. Watch out, you may have just transformed your bathroom into a spa!

TRIBUNE: What are some trends that are popular when it comes to decorating...such as paint colors, flooring, lighting features, etc. LENEIVA H: Decorating trends right now are slight enhancements to what's existing. The colors are changing. Gray is the new white! This year it's going even darker. You'll begin to see homes with Charcoal colored walls and gray cabinetry for example. Brass is making a comeback; however, not the old polished brass from the 80's. This time it's a brushed brass like the concept of brushed nickel that was designed to soften down the appearance of polished chrome. Luxury vinyl tile has made its way into the residential world where before it was mainly reserved for commercial space because it's so durable. It comes in various appearances and textures giving the look and feel of hardwood flooring without the maintenance/care requirements. Pendant lighting remains popular. Recessed lighting has evolved and remains popular as well. Bluetooth technology is making its way into the kitchen.

TRIBUNE: Should sellers always use a staging service or stage the home themselves and why? LENEIVA H: Sellers don't have to use a staging service. It's truly optional. Typically, their REALTOR® can walk the home with them and give them ideas on what to move, change, relocate, or get rid of to make the home show its best. If the home is already furnished, sometimes it just takes a fresh set of eyes to transform an existing space using existing pieces.

TRIBUNE: What is the latest in curb appeal trends? Any tips you can recommend for getting cool curb appeal on a budget? LENEIVA H: Curb ap-



peal is key. Would you believe that the red front door remains popular; however, yellow has become quite popular too. Likely because of the gray tones that are a favorite now. In addition to proper grooming of the lawn and shrubberies, add color to the landscaping and freshen up the much. Turn the front porch into an area where people imagine themselves relaxing on a nice Spring afternoon. Add a bistro set that complements the color of your front door. Add hanging plants sparingly because you don't want to attract insects. Do the same for the deck or patio. Make it look like an oasis. The curb appeal only starts at the front. It should cover the perimeter of your home. So, when buyers pull up, they are wowed, when they view the home's interior they are wowed, when they decide to look at the backyard, they are wowed and when they walk back to the car, they remain wowed.

Readers are welcome to contact Leneiva or schedule a time to discuss her real estate or decorating expertise at: Office: 615-410-4300, Email: LHead@WelcomeHomeRealty-TN.com Website: www.WelcomeHomeRealty-TN.com or visit us: Welcome Home Realty located at 1307 Bell Rd Suite 106 Antioch, TN 37013.



SOUTHERN WOMEN'S SHOW 2018

SHOPPING / FOOD / FASHION
HEALTH / BEAUTY / FUN

SAVE \$2 with this coupon*

APRIL 5-8

4 DAYS OF BLISS

show specials
celebrities
live entertainment

music city center

.....

tickets \$13 at door, \$6 for kids

.....

thu 10a-7p fri 10a-8p sat 10a-7p sun 11a-6p



MEET ARIE LUYENDYK
from the bachelor



SHOP 'TIL YOU DROP
all weekend



ENJOY CREATIVE COOKING CLASSES

PARKING! convenient and easy! • \$10 at nissan stadium multiple shuttles running all day long

SOUTHERNWOMENSSHOW.COM

PROUD SPONSORS

*Discount valid on one adult show time admission. Not valid with any other discount. 800.849.0248 A Southern Shows, Inc. Production

Song Suffragettes Raise Their Voices for #MeToo Movement

By Cillea Houghton

NASHVILLE, TN — A team of female singer-songwriters in Nashville are contributing their voices to the #MeToo movement with the song "Time's Up." Co-written by Kalie Shorr and Lacy Green, "Time's Up" was inspired by those who have come forward with their stories of abuse in the #MeToo era. The video features members of the Song Suffragettes, a community of up-and-coming female songwriters in Nashville that perform weekly at the Listening Room Cafe, who hope it inspires more people to share their stories of sexual abuse and harassment.

"I didn't know what we were going to do with it, it just felt like something that needed to be said," Shorr said of writing the song.

The harrowing video finds nearly two dozen female artists standing in solidarity with those who have shared their stories of sexual abuse, hoping to offer a sense of validation for the victims. "Every 98 seconds, someone in U.S. is sexually assaulted and that is a terrifying statistic," said Candi Carpenter, one of the artists in the video. "I feel so thankful that Kalie asked me and all of us to be a part of something that encourages men and women to come forward regardless of what they've been



A still photo from the "Time's Up" music video starring the Song Suffragettes. Photo courtesy of 117 Entertainment Group

through. It gives people hope and understanding that they're not alone and that they have value."

"I think it's really inspiring to see all of us come together to spread the message," singer Tiera said about how young women have shared how the song has impacted them. I feel like we're putting ourselves out there and it exposes us to so many different kinds of people and they feel like they can say anything to us."

The group's goal is not only to keep a spotlight on the issue, but also move the conversation forward in terms of ending this type of abuse, particularly in the music industry. The singers view "Time's Up" as evidence of the power women have when coming together for an important cause, while also serving as a symbol of the unity that exists between the female artist community in Nashville.

"Mohammed Ghandi said 'be the change you want to see in the world' and that's what I think

we're trying to do. That's how we're going to change the face of the industry is by being each other's biggest fans," Carpenter said.

The artists hope to see more #MeToo stories arise, particularly in Nashville, where the industry has been relatively quiet about the issue, even after the expose in Rolling Stone Country that details the harassment female artists are subjected to in country radio.

"It's a frontier," Carpenter said of the movement. "I think that so much has come out in the industry period, but not a ton has come out of Nashville as far as women stepping forward and telling their stories," adds Shorr, who said it's the victim's choice when and if they want to share their experience. "But I think that people knowing that at the very least, you have 23 girls behind you. More so than anything, I hope that the conversation continues and comes over to country music. I feel like we're on the brink of something and also standing in the middle of it at the same time."